

2019 April - May



Morrisville Area District  
ELEMENTARY LUNCH MENU

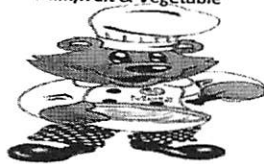
**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.  
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white, and fat-free chocolate

**Weekly Vegetable Subgroups May Include:**  
Dark green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers  
Beans/Peas  
Starchy - white potatoes, corn, and lima beans  
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:**  
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices

**Daily Entree Options include:**

- Chicken Nuggets w/Pretzel Rod
- Turkey & Cheese sandwich
- American Hoagie
- Garden Salad with roll
- Yogurt with a cheese Stick
- Peanut butter & Jelly sandwich
- Hamburger or cheese Burger
- Chicken Patty
- Options also include :  
Milk, fruit & Vegetable



Lunch Prices  
\$3.00  
Reduced \$4.40  
Adult  
\$4.25

General Manager  
Karen Chuba  
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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
4/1/19 Meatball Parmesan On a Bun  Featured Veggies: Steamed Corn Fresh Cucumber Slices Choice of Fruit Choice of Milk	4/2/19 General Tso chicken Over Rice  Featured Veggies: Baked Beans Tomato & Onion Salad Choice of Fruit Choice of Milk	4/3/19	4/4/19 Chocolate Chip French Toast Turkey sausage  Featured Veggies: Green Beans Romaine Salad Choice of Fruit Choice of Milk	4/5/19 Cheese Pizza  Featured Veggies: Carrot Sticks French Fries Choice of Fruit Choice of Milk
4/8/19 Cheese Steak sandwich On a Bun  Featured Veggies: Green Peas Cucumber Slices Choice of Fruit Choice of Milk	4/9/19 Roasted Chicken with a Dinner Roll  Featured Veggies: Cauliflower Caesar Salad Choice of Fruit Choice of Milk	4/10/19 Mini Corn Dog with a Dinner Roll  Featured Veggies: Steamed Broccoli Green Pepper Strips Choice of Fruit Choice of Milk	4/11/19 Nachos Grande Tortilla Chips  Featured Veggies: Sweet Potato Fries Corn Salad Choice of Fruit Choice of Milk	4/12/19 Stuff Crust Pizza  Featured Veggies: Carrot Sticks Baked Beans Choice of Fruit Choice of Milk
4/15/19 Pierogies with a Dinner Roll  Featured Veggies: Green Beans Black Bean Salsa Choice of Fruit Choice of Milk	4/16/19 Chicken Parmesan On a Bun  Featured Veggies: Chick Pea Salad Steamed Carrots Choice of Fruit Choice of Milk	4/17/19 Sloppy Joe with cheese On a Bun  Featured Veggies: Steamed Broccoli Cherry Tomatoes Choice of Fruit Choice of Milk	4/18/19 Blueberry Pancakes Turkey sausage  Featured Veggies: Yellow Beans Celery Sticks Choice of Fruit Choice of Milk	4/19/19
4/22/19	4/23/19 Chicken Cheese Steak On a Roll  Featured Veggies: Baked Beans Italian Salad Choice of Fruit Choice of Milk	4/24/19 General Tso chicken Over Rice  Featured Veggies: Tater Tots Cherry Tomatoes Choice of Fruit Choice of Milk	4/25/19 Nachos Grande Tortilla Chips  Featured Veggies: Roasted Parsnips Caesar Salad Choice of Fruit Choice of Milk	4/26/19 French Bread Pizza  Featured Veggies: Steamed Carrots Corn Salad Choice of Fruit Choice of Milk
4/29/19 Meatball Parmesan On a Bun  Featured Veggies: Green Beans Chick Pea Salad Choice of Fruit Choice of Milk	4/30/19 BBQ Ribby On a Bun  Featured Veggies: French Fries Tomato & Onion Salad Choice of Fruit Choice of Milk	5/1/19 All Beef Hot Dog On a Roll  Featured Veggies: Green Peas Baby Carrots Choice of Fruit Choice of Milk	5/2/19 Hot Ham and Cheese On a Pretzel Roll  Featured Veggies: Steamed Broccoli Celery Sticks with Ranch Choice of Fruit Choice of Milk	5/3/19 Pizza Bagel  Featured Veggies: Stewed Tomatoes Italian Salad Choice of Fruit Choice of Milk
5/6/19 Chicken Fries fresh baked dinner roll  Featured Veggies: Sweet Potato Fries Cucumber Salad Choice of Fruit Choice of Milk	5/7/19 Toasted Turkey & cheese Sandwich  Featured Veggies: Baked Beans Corn & black bean Salsa Choice of Fruit Choice of Milk	5/8/19 Grilled BBQ Chicken On a Bun  Featured Veggies: Hash Brown Potato Carrot Sticks Choice of Fruit Choice of Milk	5/9/19 Nachos Grande Tortilla Chips  Featured Veggies: Corn Salad Steamed Carrots Choice of Fruit Choice of Milk	5/10/19 Stuffed Crust Pizza  Featured Veggies: Green Peas Tomato & Onion Salad Choice of Fruit Choice of Milk